

## RESULTS 2012

Bill Stoddart and Bill Powell race - these were held today, conditions were very cool however nice for running, 5 members ran

First Race:                      Second Race:

Stephen Dear 37.13      40.33

Tracy Paterson 40.04      43.38

Chris Elliot 43.23      47.33

Pamela Brandie 46.15      50.17

Sandy Burgess 47.03      51.32

Sandy was first back to the 30mph sign and with his handicap time he is the Winner of the Bill Stoddart trophy.

Smokies 10 Men, Only 2 footers ran the race, conditions were cool. Stephen Dear was 63.02 and Chris Elliot was 78.30

9 Footers ran the Glen Clova Half Marathon on Saturday 10th November, Conditions were idea, Gerry Austin 90.33, Tracy Paterson 91.45 PB, Gillian Sangster 92.35 PB (3RD FEMALE VET), Ian Beattie 92.41, Chris Elliot 101.43, Beth Christie 102.15 PB, Pamela Brandie 108.59, Steve Smith 111.42 PB, Christine Bird 112.37 PB - Tracy, Gillian & Beth won 2nd FEMALE team prize, Well done Everybody

Sunday 4th November, 2 Footers ran the Dundee Road Runners Templeton 10 mile race, Conditions were calm and Sunny, Stephen Dear 64.03 PB and new member Andrew Hartley 66.14 PB. Well done to them both.

On Sunday 14th October - Stephen Dear ran the Giffordtown 5km road race, conditions were light rain, however Stephen gained a PB in a time of 17.53

East Neuk Saturday 23rd September - 2 footers travelled to Anstruther to compete in the 10k road race, Pamela Brandie ran in a time of 46.46 PB 3rd Vet Over 40, And Christine Bird ran the race in 48.38 Well done to them both.

Great North Run - Sunday 16th September - Chris Elliot ran the race today in a time of 1.43

Dundee Parkrun - Saturday 8th September - 3 new members took part in the weekly parkrun - this is ran over 5kms. Times were Claire Caldwell 28.58, Fiona Robb 29.21 and Emma Gauld 31.56, Well done to them all

Moray Marathon - Sunday 2nd September - Chris Elliot ran the Marathon, his time was 3.53.

Perth 10k, Sunday 26th August, Stephen Dear and Chris Elliot ran the Perth 10k, Stephen gained a PB in a time of 37.26 and Chris ran the race in a time of 42.27

Forfar 10k - 3 footers ran today, conditions was roasting, Ian 40.22, Gillian 42.45 (2nd Vet), Chris 45.29

Dundee Parkrun - Saturday 18th August, Pamela and Christine took part in the weekly parkrun event, Conditions were Muddy and wet, However Pamela Brandie was first lady in a time of 25.16 and Christine Bird 28.26 (Including a water stop ; ) )

Ceres 8 Mile - Tuesday 2 footers raced, conditions were ideal, Ian Beattie was 53.24, and Chris Elliott was 59.32

Johnstone Tower Race, Ian competed recently in this 5k race, Ian was 2nd Overall in a time of 25.06

Graham Clark Memorial Race, Tuesday 7th August, Gillian Sangster was the only footer to compete in the race, the distance is 3.9 miles and Gillian ran it in a time of 25.26. Well

Tour of Fife Race Series - Wednesday 25th July to Sunday 29th

Day 5 (Race 5) - The Black Hill Race - Falkland, 4 miles, Hilly, conditions wet and Muddy, Ian 30.56, Gillian 32.00, Chris 33.05, Pamela 38.08, Christine 40.14

Day 4 (Race 4) - Chariots of Fire Beach Race, 4.2 miles along St Andrews Beach, with a dip in the sea at Halfway, Ian 28.35, Gillian 29.55, Chris 30.08, Pamela 34.32m Christine 36.33

Day 3 (Race 3) - Up hell Time Trial, 1.4 miles and a 754ft climb, Ian 13.09, Gillian 14.08, Chris 14.50, Christine 17.51 (PB)

Day 2 (Race 2) - Hill of Tarvit Trail Race, 4.8 miles, hilly and very muddy - Ian 34.40, Gillian 36.53, Chris 37.54, Pamela 42.02, Christine 43.30

Day 1 (Race 1) - The Teddy Bear Race, 5 miles, undulating route near Giffordtown. Ian Beattie 31.36, Gillian Sangster 33.11 (PB) Chris Elliot 34.13, Pamela Brandie 36.58 (PB) Christine Bird 38.55 (PB)

Clyde Stride 40 Mile - Saturday 21st July, Gerry and Stephen both ran this Ultra Race, conditions were dry and sunny, both finished in a time of 6.18

Dundee Parkrun - Saturday 30th June, Pamela Brandie was the only footer to take part today, Conditions were wet and very muddy, however Pamela was the first lady home in a time of 24.41

St Andrews park run - Saturday 23rd June, 3 girl ran today, conditions were warm and windy, and body underfoot, however great times recorded, Tracy Paterson 20.03 - 1st Lady, Pamela Brandie 23.48 (1st Vet) 3rd Lady & Christine Bird 23.49 PB - 4th Lady - Well done Girls.

Dundee Parkrun - Saturday 16th June, Steven Gray took part today, his time was 19.22 - 2nd Overall.

Friday 15th June - Sandy Burgess ran the templeton trail race in a time of 49.12, Alex and Gillian also ran, but no times submitted for them.

Montrose 10k, Sunday 10th June, 8 Footers took part in this race, Conditions were ideal, Times were: Ian Beattie 39.20, David Wilson 40.32, Tracy Paterson 40.52 First Lady, Gillian Sangster 42.44 2nd Lady, Chris Elliott 43.07, Alex Morrison 43.20, Christine Bird 48.19 PB, Sandy Burgess 49.44.

Skye Half Marathon - Saturday 9th June, Steven Gray ran this very scenic route, the course is hilly, conditions were warm and humid, Steven's time was 1.26.37

Chisholm Mile Race - Greenock, Tuesday 5th June, Steven Gray ran this race last night, conditions were ideal and the course is flat, Steven Gained a new PB for the Mile in a time of 5.05

Dundee Parkrun, Saturday 2nd June, Tracy 20.46 - 1st Lady. Gillian Sangster 2nd Lady, Pamela 24.45, Christine 25.32, there is one tough hill in this race. Well done to them all.

Perth Kilt Run, Saturday 2nd June, 2 Footers ran today, Times were: Stephen Dear 30.26 & Gerry Austin 32.53

Thursday 31.05.12, Steve Gray took part in the Dumbarton 10K, Conditions were warm and humid, the course is flat and fast, and Steve managed to gain another PB this season, his time was 36.12 PB - Well done to him.

Sunday 27th May, Edinburgh Half Marathon and Marathon, 3 Footers took part in the EMF on Sunday, Stephen & Gerry both ran the half, Stephen Dear 1.21.09 PB & Gerry Austin 1.26.51 PB, Chris Elliott ran the Marathon in a time of 3.53

Thursday 17th May, Steven Gray ran the Helensburgh 10k, conditions were cold, wet and windy however Steven ran the race in a time of 37.06

Loch Leven Half Marathon - Saturday 12th May, Tracy Paterson was the only Footers to run today, conditions were warm however Tracy managed to gain a PB in a time of 1.32.04, Gaining her 5th Lady Overall, Well done goes to her.

Pollok Park Run 5km - Saturday 28th April, Steven Gray ran today, conditions were cool and sunny, the course is a 2 looper around Pollok Park, Steve's time was 18.22

Angus Half Marathon - Sunday 22nd April, Tracy Paterson & Gillian Sangster ran on Sunday, conditions were wet, Tracy was 1.33.21 PB, and Gillian was 1.36.06

Sunday 22nd April - London Marathon, 4 Footers ran the Virgin London Marathon, conditions were warm, Alan McDonald 3.06, Beth Christie 3.56, Tina Fowler 4.27, Mary Towns 4.28

Sunday 15th April - Lochaber Marathon, Conditions ideal, 3 pbs gained today, Stephen Dear 3.01 PB, Ian beattie 3.09, Gerry Austin 3.11 PB, Chris Elliot 3.33 PB, Well done to them all.

Easter Sunday 08.04.12 - Steven Gray ran the Tom Scott 10 Mile Road Race in Motherwell, the course is fairly flat and fast and there was a slight breeze to keep the runners nice and cool. Steven's time was 61.12

Sunday 25th March, Steven Gray ran the Round The house 10k at Grangemouth, conditions were warm, Steven's time was 36.30

Sunday 18th March - Chris Elliott ran the Alloa Half Marathon, conditions were warm, Chris's time was 1.39

Saturday 17th March - 2 footers took part in the Mighty Deerstalker - Gillian Sangster & Martin Gregory, the course is 17 kilometres over various terrains and is also run at nighttime, Times were : Gillian 1.55.57 & Martin - 2.49.03 - Well done to the both of them.

On Saturday 17th March, Steven Gray ran the Clydebank 5km road race, conditions were windy in places however Steve gained a PB in a time of 17:40

On Sunday the 24th Smokies 10 Race was run, conditions were ideal for running, and great times were recorded by all. Tracey Paterson won the First Local and Gillian Sangster won First Footer, well done to everyone that ran the race.

Times were: Tracy Paterson 67.53 PB, Gillian Sangster 70.15 PB, Tina Fowler 87.42, Susan Ruark 91.02, Christina Marek 91.04, Mary Towns 91.25 PB, Beverley Halliwell 101.34, Joanne McDonald 103.36

Kinloss to Lossiemouth Half Marathon, Sunday 19th February, Steven Gray was the only Arbroath Footer to compete today, conditions were cold but Sunny and Steve had a fabulous time of 78.17 PB. Well done to him.

Forfar Road Runners Multi Terrain - Sunday 5th February. 8 Footers ran this Half Marathon, conditions were very icy but no MUD!!! It was Gillian's first M/T and claiming 4th Vet. Well done to everybody.

Steven Gray : 1.24.23, Ian Beattie: 1.35.35, Gillian Sangster: 1.40.43, Chris Elliot : 14.43.13  
Beth Christie: 1.45.34, Pamela Brandie: 1.54.46, Tine Fowler: 2.03.31, Mary Town's:  
2.14.51