

BILL STODDART RACE

24.08.10

Name of Runner
Handicap Time Time Diff

Paula Brown 51.33		51.26 +0m.07s	
Mary Towns	54.22	51.15 3m.07s	-
Sandy Burgess 47.24		50.39 +3m.15s	
Tina Fowler	54.21	50.17 4m.04s	-
Chris Elliot	42.37	42.52 +0m.15s	
Alex Morrison	42.37	42.25 0m.12a	-
Gillian Sangster 41.39		42.21 +0m.42s	
Stephen Dear	39.58	39.23 0m.35s	-
Ian Beattie	35.58	39.21 +3m.37s	

Tina Fowler was the winner of the Bill Stoddart Trophy - We all look forward to a drink out of the trophy at the Party Night on December 11th

Forfar 10k - Sunday 15th August - 6 Footers competed in the Forfar Road Runners Annual 10k Road Race - Conditions were hot for the runners however good times were recorded:

Times were:

Ian Beattie 39:31

Steve Dear: 41.18

Gerry Austin 41:22

Gillian Sangster 44:51

Chris Elliot 47:36

Beverley 65:27 PB

Dyce Half Marathon - Sunday 1st August - 2 Footers competed today, conditions were Sunny and Rainy, the course itself is not one of the best, However PB'S were gained.

Beth Christie : 1.50.47 PB

Michelle Brearley: 2.07.25 PB

Tour Of Fife

Ian Beattie was the only footer to compete in the 6 race event, he was 3.05.20

Giffirdtown Road Race - 31.08
Lochore Trail Race - 40.15
Lomond Hill Race - 34.34
St Andrews Beach Race - 27.35
Up Hill Time Trial - 12.54
Strathmiglo Trail Race - 38.44

Dundee Half Marathon

Gerry Austin 1.29.30 PB
Ian Beattie - 1.29.45
Norma Bird - 1.57.28

Arbroath Academy 10k

Ian Beattie - 38.19
Gerry Austin - 40.05 PB
Stephen Dear - 41.25
Gillian Sangster - 43.08 PB
Chris Elliot - 44.03
Dougie Mudie - 44.40
Pamela Brandie - 48.23
Sandy Burgess - 48.59

Dunfermline Half Marathon - Sunday 13th June

Gillian 1.37.24
Chris 1.41.32
Pamela 1.47.19

Beth 1.51.40
Paula 1.56.52

Auld Toun 10k - Wednesday 2nd June 2010 - Gillian Sangster was the only Footer to compete tonight - her time was 45.08 gaining another PB for the season, well done to her.

Sunday 23.05.10 Edinburgh Marathon - 3 Footers ran today, Conditions were very hot however good times were recorded

Gerry Austin 3.31
Chris Elliot 4.14
Sandy Burgess 4.45

Also on Sunday Michelle & Christine took part in the Baker Hughes 10k in Aberdeen, again conditions were hot, however both did extremely well

Michelle Brearley 54.00
Christine Bird 56.22

Kinoull Hill Race - Wednesday 19.05.10 - Alex Morrison was the only footer to compete in this hill race, a very hard course however very scenic at the top of the hill. Alex's time was 34.29

Wednesday 12.05.10 - 3 Footers ran the Fernbrae BMI 2.3 Mile. This was race 3 of 3 - Gillian was placed 1st Overall for the Ladies. Well done

Gillian - 15.35
Michelle 18.23
Christine 18.59

Sunday 9th May - Michelle and Christine competed in the Monikie 10km race, Both had great times in hot conditions.

Michelle 54.38
Christine 55.04

Sunday 2nd May - Bupa 10k Edinburgh

Alan and Gerry competed, Alan's time was 40.56 and Gerry 47.00

Gillian Sangster competed in the Angus Half Marathon on Sunday - her time was 1.41.04

6 Members travelled to London to compete in the 1st Virgin London Marathon, conditions were wet before the start however the sun did shine for the spectators along the full route. Times were as follows:

Alan McDonald 3.11.22
Ian Beattie 3.16.00
Gerry Austin 3.18.48 PB

Chris Elliott 3.40.55
Janette Rainey 3.45.09
Joanne McDonald 5.16.33

On Saturday 2 Footers travelled to Balmoral to compete in the 10k race:

Michelle Brearley 57.39

Heidi Phipps 58.54

Lochaber Marathon – Sunday 18th April – 3 Footers travelled to Fort William – Conditions were hot however very good times were recorded:

Stephen Dear – 3.16.05 PB

Dougie Mudie - 3.37

Pamela Brandie - 3.51

Edinburgh Half Marathon 18th April – Gillian Sangster was 1hr 36mins 32secs PB

Riverside Series Race no. 2 (2.3miles) - 14th April – Gillian Sangster was 15mins 6secs - 2nd female, 1st vet

Tartan Day 10k Arbroath - Sunday 11.04.10 - Ian & Marion both completed the Tartan 10k Road Race both done extremely well, placed 1st overall respectively in the Men's & Ladies' category.

Times were:

Ian Beattie 37.11

Marion Wood 39.04 PB

Heaven & Hell Half Marathon 11.04.10 - 3 Footer's completed this race, Conditions were very hot for the race, however good times were recorded by all:

Times were:

Beth Christie - 2.01.31

Michelle & Christine - 2.20.56

Tayside Running Sisters 5km - Monikie 28.03.10 - Gillian Sangster - was the only Footer to run this race - Gillian's time was 22.02 (PB) Well done goes to Gillian.

Dundee Riverside Race (1) - 17.03.10 - Gillian Sangster ran the first race of 3 in this series, Gillian was 3rd Lady (2nd Vet) and her time was 22.29.

Inverness Half Marathon – Sunday 14.03.10 3 Footers travelled to Inverness to compete in the Half Marathon – conditions were warm at the start, followed by a rain shower to cool them all down

Good Times were recorded:

Pamela Brandie: 1.47.28

Paula Braun: 1.52.34 PB

Tina Fowler: 1.55.48 PB

Smokies 10 - On Sunday 7th March - 311 runners made there way around the 22nd Smokies 10 Mile, the Footers were in good attendance and a good few PB'S were gained.

Well done to all of them, they are all winners.

Times were as follows:

Gillian Sangster - 73.58 PB

Pamela Brandie – 80.16

Margaret Gregory 83.25 PB

Beth Christie – 86.03 PB

Tina Fowler - 90.37 PB

Lisa Lawrence - 90.38 PB

Michelle Brearley - 91.33 PB

Christine Bird – 91.33 PB

Susan Ruark – 93.45

Christina Marek – 93.50

On Sunday 4 Members competed in the Forfar Multi Terrain Race, This annual run is organised by Forfar Road Runners and it covers a distance of a half marathon, however it's not for the faint hearted. The course is a mixture of on and off-road, taking you through Mud & Lots of Water in places. At one point the water was nearly 3 feet deep. However the guys managed to survive and did extremely well.

Times were as follows:

Ian Beattie 1.31.12

Joel Prescott 1.37.40

Alex Morrison 1.41.21

Chris Elliot 1.46.05

On Saturday 14th November – Forfar Road Runners held there annual Glen Clova half marathon – conditions were wet.

Ruairidh Campbell returned after a long absence due to injury; however he did very well being placed 5th Overall. Marion Wood was also placed 1st Lady, The Ladies won the team prize and the Men won 3rd team prize. This was also Paula's and Christine's first half marathon. So well done goes to all of them.

Times are as follows:

Ruairidh Campbell – 1.20.57 (5th Overall)

Marion Wood – 1.26.10 (1st Lady)

Steven Gray - 1.29.35

Ian Beattie – 1.31.03

George Beckett - 1.31.32 PB

Craig Easson - 1.36.22

Janette Rainey - 1.37.25 (2nd Vet)

Joel Prescott - 1.37.53 PB

Chris Elliot 1.40.41

Gillian Sangster - 1.42.02 PB

Dougie Mudie - 1.45.26

Pamela Brandie - 1.48.52

Margaret Gregory - 2.01.28 PB

Paula Braun – 2.02.06 PB (1ST Half)

Tina Fowler - 2.02.06 PV

Christine Bird – 2.05.42 PB (1ST Half)

Sunday 1st November - 7 footers ran the Templeton 10 Mile Race - conditions were horrendous but however great times were recorded:

Stephen Dear 1:06:45 PB

George Beckett 1:08:41 PB

Chris Elliot 1:16:43

Janette Rainey 1:17:19

Margaret Gregory 1:31.12 PB

Tina Fowler 1:34.45 PB

Heidi Phipps 1:36.02

Sunday 4th October - The Loch Ness Marathon & 10k took place, conditions were ideal and good times were recorded

10K- Michelle Brearley - 53.17 PB

Marathon - Norma Bird 3.53.30 & Sandy Burgess 4.14.26 PB

East Neuk 10k - Sunday : 27th September - 5 members competed today, conditions were windy, however 3 gained PB's:

Stephen Dear: 39.08, Dougie Mudie: 43.25 Pamela Brandie:
46.58 PB Michelle Brearley & Christine Bird : 54.21 PB

Member - Paul Cooper has been busy over the last few weeks, results as follows:

Iroc race - 2 day 6 race format of 2 x fell runs/2 x orienteering/2 x mtb both having one in day one at night, Pauls was 60th overall, and he rates this as a very good race and says its a very good event.

Monikie duathlons x 2 races Paul was 3rd in 4th respectively.

First monster Inverness - 45km run/80km bike mixed terrain - very warm conditions, Paul was placed solo 2nd Overall.