



CONSTITUTION

adopted at EGM on 7 June 2023

1. LONG AND SHORT TITLES

- 1.1 The Club is known as the Arbroath Footers Running Club or Arbroath Footers.
- 1.2 The Club colours are a red top with the Arbroath Footers logo.

2. PURPOSE

- 2.1 The Club exists to promote and encourage recreational and competitive running for new and experienced runners.

3. ACTIVITIES

- 3.1 The principal activity of the Club is off-track running, ie road, trail and cross country running.
- 3.2 From time to time the Club may also arrange social, charitable and similar activities for members.
- 3.3 The Club will endeavour to establish and maintain good relationships with like minded running clubs.

4. SAFETY

- 4.1 By affiliation to an appropriate organisation, or otherwise if necessary, the Club shall ensure that all its sporting activities are suitably insured.
- 4.2 Rules shall be established to ensure that all Club running activities, whether recreational or competitive, meet relevant safety and insurance standards. Due account will be taken of the rules of the organisation(s) to which the Club is affiliated.

5. MEMBERSHIP

- 5.1 Membership is open to anyone who has passed their 18th birthday, who supports the purpose of the Club and who is not banned or suspended.
- 5.2 In clauses 5.1, 6.3 and 8.3, a person is banned or suspended if they are declared to be so by the governing body of any sport for a breach of doping rules, or by any organisation to which the Club is affiliated for other disciplinary reasons.
- 5.3 Membership is obtained by paying such fee and supplying such personal and contact information as the Committee may reasonably require.
- 5.4 The Committee may from time to time allow a short period of free trial membership for prospective members. Individuals participating in any such trial period must comply with all conditions except the membership fee. They shall be considered members for insurance and similar purposes but shall not have voting rights and may not join the Committee until the annual fee is paid.
- 5.5 The membership year shall run from 1 October to 30 September. By exception, anyone joining for the first time after 1 July shall remain a member until 30 September of the following year.
- 5.6 In all Club activities and when representing the Club at external events, members shall conduct themselves according to the highest standards of sportsmanship and show respect for Clubmates, opponents, officials and the general public.

6. TERMINATION OF MEMBERSHIP

- 6.1 Any member who does not renew their membership by the end of the membership year shall be allowed one month's grace after which they will be deemed to have resigned.
- 6.2 If in exceptional circumstances a member wishes to renounce membership before the end of the membership year they may do so by giving written notice to the Secretary. No refund will be given in these circumstances.
- 6.3 The Committee shall terminate or suspend the membership of anyone who is banned or suspended as defined in clause 5.2.

7. MEETINGS AND COMMITTEE

7.1 The Annual General Meeting of the Club shall be held in the month of September unless exceptional circumstances require a different date.

7.2 An Extraordinary General Meeting may be requisitioned by 12 members or 15% of the paid-up members, whichever is less, by written notice to the Secretary. The Committee shall convene the meeting such that it takes place within a calendar month of the requisition, but after two weeks notice has been given to members. Alternatively and subject to the same notice requirements, the Committee may convene an EGM on its own initiative.

7.3 The Club financial year shall run from 1 July to 30 June and the Treasurer shall present independently examined accounts to the AGM

7.4 The business of the AGM shall include receiving an annual report on the Club's activities by the President and/or Secretary and a financial report by the Treasurer.

7.5 The AGM shall appoint a suitable person, independent of the Club, to examine the accounts.

7.6 The AGM shall elect the President, Secretary, Treasurer, Welfare Officer and five ordinary Committee members. No individual may hold more than one of the positions of President, Secretary and Treasurer.

7.7 If the AGM is unable to elect the four office bearers, or if any such position becomes vacant in the course of the year, the Committee shall fill the vacancies by co-option as soon as possible.

7.8 The Committee may at its discretion co-opt (i) ordinary members to bring the total to five and (ii) up to three additional members who in the opinion of the Committee can bring particular expertise to its work.

7.9 All Committee members shall be current paid-up members of the Club.

7.10 The Committee may at its discretion presume that an office bearer or ordinary member has resigned from the Committee if, without good reason or explanation, the office bearer or ordinary member neither attends any meetings nor engages in any other Committee work for over three months.

7.11 The quorum for Committee Meetings shall be three including at least one office bearer. The quorum for the AGM or any EGM shall be 12 or 15% of the paid up membership, whichever is less.

7.12 In the absence of the President at any meeting, the Secretary, failing whom the Treasurer, failing whom the Welfare Officer shall take the chair. If no office bearer can attend the meeting should normally be postponed. In an emergency situation where business cannot be deferred the President, failing whom the Secretary, may appoint an acting Chair by giving an instruction in writing. An acting Chair, if duly appointed in such emergency circumstances, shall be considered a temporary office bearer for the purposes of the quorum.

7.13 The Chair of any meeting shall have both a deliberative and a casting vote.

7.14 The Committee shall have powers to open and operate bank accounts in the name of the Club and shall cause accurate accounts to be kept of all monies received or paid out by the Club.

7.15 The Committee shall have powers to take all decisions relating to the Club except where this Constitution expressly reserves the matter to an AGM or EGM.

7.16 The Committee may delegate particular responsibilities or duties to individuals or sub committees made up of Committee members. The powers of any such individual or sub committee shall be strictly limited to the responsibilities or duties so delegated.

7.17 The Committee shall meet as often as its business reasonably requires and in any case at least quarterly.

8. CHANGES

8.1 This constitution may only be changed by resolution passed at the AGM or properly called EGM of which two weeks notice, including notice of the proposed resolution, has been given. A simple majority shall suffice.

8.2 In the event of the Club closing down all money and assets of the Club shall be held by the Club's bank for a minimum of two years during which time said money and assets may be used to assist in the formation of a new running club. If no new club is formed it shall be the responsibility of the last Committee to nominate a suitable and worthy good cause to receive the money and assets of the Club.

8.3 In the case of a matter which is reserved to a General Meeting, the Committee may nevertheless determine the matter if a properly convened AGM or EGM, at which this matter was on the advertised agenda, is inquorate or for some other reason fails to decide the matter. By exception, a second General Meeting shall be called if the matter in question is a constitutional change or a motion to dissolve the Club, and only if the second meeting is inquorate or fails to decide the matter shall it devolve to the Committee.